



The Center
for Leadership
& Social Change

*Opportunities for Service
In and Around Tallahassee*

Health Services

American Cancer Society, Big Bend Unit

Serves Leon, Gadsden, Jefferson, Madison, Taylor, Wakulla. Information about cancer, American Cancer Society and community resources. Support groups, counseling, financial, home-bound, and housing assistance. Temporary prosthesis and rehabilitation exercise. Various volunteer opportunities for drivers to drive cancer patients to appointments and to help out with light office work.

www.cancer.org

American Heart Association-Greater Southeast

Provides public and private information education. Educational efforts are provided in the areas of research, worksite, schoolsite, and community site programs. Serves Leon County community site program. Assistants needed to help out with light office work, customer service and projects.

www.heart.org

American Lung Association - Big Bend Region

The American Lung Association was the first voluntary public health agency in the country. We have a rich 100+ year history and are committed to our mission, to save lives by improving lung health and preventing lung disease. The Tallahassee office covers 23 counties from Leon to Escambia. We provide programming for asthma, tobacco use prevention, freedom from smoking and Better Breathers Clubs (support groups for individuals suffering from lung disease, including COPD and lung cancer). In addition, we have 4 fundraising events each year to support these local programs, research and advocacy efforts. Volunteer opportunities are available in programming and special event planning.

www.lungfla.org

Apalachee Center, Inc.

Apalachee Center, Inc is a private, not-for-profit behavioral healthcare organization offering a full range of mental health services. It is the mission of Apalachee Center, Inc. to empower persons within our community to improve the quality of life for themselves and their families through the efficient and effective delivery of quality behavioral healthcare services.

www.apalacheecenter.org/

Bond Community Health Center, Inc.

One of the major drivers of health care utilization and costs is diabetes, and any plan to change health care in America must include steps to change the way diabetes is viewed and treated. BCHC participates in the HRSA Diabetes collaborative to look at what to delay or decrease the complication of this disease. Our goal is to fully support all aspects of diabetes cure, prevention, treatment and care.

www.bondchc.com

Capital Regional Medical Center

Volunteers provide TLC and concern to patients and their families as well as services that otherwise would not be available. Services include: greeting and guiding patients and visitors, keeping in touch with the surgical progress of a patient, helping in the gift shop, and keeping families of critical care patients and their families informed.

<http://capitalregionalmedicalcenter.com/>

Department of Elder Affairs

The Florida Department of Elder Affairs is the primary state agency that administers human services programs to benefit Florida's elders. With the help of more than 40,000 volunteers, the Department and the aging services network are able to foster an environment where seniors can thrive and grow. Through its dedicated corps of volunteers, the Department can be a perfect fit for anyone with a passion for advocacy and helping seniors.

<http://elderaffairs.state.fl.us/>

Florida Osteopathic Medical Association

The objectives of this association are to advance the science and art of osteopathic medicine and surgery, and to extend improved healthcare and benefits of scientific advancement in the treatment, prevention, and alleviation of human ailments to the public in the state of Florida.

www.foma.org/

Frenchtown Outreach Center, Inc

The purpose of the Chemical Dependency Self-Help Group is to provide an avenue to assist those persons suffering from the disease of addiction an effective out-patient route to sobriety and recovery from all mind-altering drugs.

FSU Health Promotions

The Health Promotion Department at Thagard Student Health Center encourages students to make healthy lifestyle decisions that facilitate academic success and leads to life-long health and wellness. The Health Promotion Department provides quality, research-based wellness services and health promotion programs available to all FSU students.

<http://healthcenter.fsu.edu/>

Heritage Health Care Center

Heritage Health Care Center provides activities to its residents on a daily basis. These activities include field trips, outdoor activities, arts and crafts, and the like. Volunteers are needed to assist the staff with planning and implementing activities with the elderly.

www.heritagehealthoftallahassee.com

Leon County Health Department

To promote, protect, and improve the health of all people in Florida.

www.flleoncounty.com/lchd/locations.asp

March of Dimes - Northwest Florida Chapter

Serves Big Bend area - Purpose is to insure a healthy birth for every baby. Health education, maternal/infant care, teen family planning programs. Clerical support needed; collegiate board volunteers needed to serve on board and raise money; foundation assistant needed to do data entry and other office duties as assigned.

www.marchofdimes.com/florida/

National Alliance on Mental Illness

NAMI Florida is a support, educational and advocacy organization dedicated to improving the lives of people with severe mental illness. The state office is located in Tallahassee and provides administrative support for the membership as well as liaison with state legislators, mental health agencies, and organizations. This office also acts as liaison between NAMI national and local affiliates throughout the state.

www.namiflorida.org

One Blood

Southeastern Community Blood Center volunteers provide a life saving service to the community. Volunteers answer phones, greet blood donors, work in the blood donor center, drive courier vehicles, etc. Volunteers help the Southeastern Community Blood Center meet the challenge of providing a safe, sufficient blood supply to patients in North Florida and South Georgia. Volunteers are needed to do medical and non-medical tasks.

www.oneblood.org

Sickle Cell Foundation, Inc

Our agency provides services to low/moderate income persons within childbearing age, sickle cell adults, children living with sickle cell disease and the general public.

sicklecellfoundation.org/

Tallahassee Memorial Hospital

The purpose of Tallahassee Memorial Hospital is the provision of state-of-the-art healthcare technology coupled with modern delivery systems that are convenient and cost effective. We will distinguish ourselves from others by combining technology with people and systems to offer services of superior quality. We will succeed by joining with physicians to serve patients compassionately and competently.

We will provide these services to patients from North Florida, South Georgia and Southeast Alabama. An enduring focus will remain on defining and serving the healthcare needs of the Tallahassee, Leon County community. We will be uncompromising in our efforts for the promotion of quality, the pursuit of

www.tmh.org

Woman's Pregnancy Center, A

We offer free pregnancy testing, non-judgemental decision-making counseling, post-abortion counseling, maternity/infant clothing loan out, and referrals to community agencies. Volunteers manage the loan-out program and the front office and set up appointments for pregnancy testing and counseling.

awomenspregnancycenter.com/